

Sculptured Nail Application Fill Removal Evaluation

Client Consultation:

- Greet client and escort to work area.
- Assess the client's current style.
- Determine the client's preferences.
- Assess client's needs.
- Assess client's nails and skin to ensure that there is no inflamed, infected, broken, raised, or swollen skin or nail tissue in the area to be worked on; or an open wound or sore in the area to be worked on, infection, or infestation to prevent student from safely performing service.
- Recommend treatment/service options.
- Discuss maintenance that will be required.
- Review consultation.

Wash Hands Procedure:

- Wet hands with running water.
- Apply liquid soap.
- Wash palms to the end of wrist, back of hands to the end of the wrist, each finger, and thumb.
- Wash both hands while interlocking fingers.
- Rinse thoroughly with running water.
- Dry with a clean towel or disposable towel.

Tool Setup Procedure:

- Ensure all tools are clean and disinfected and single- use (porous) items are new.
- Ensure electrical instruments are clean, disinfected and in good working order.

Table Set-up, equipment, supplies and products:

- Place a towel on table for client's hands with lint free towel on top
- Monomer liquid
- Polymer powder
- Nail dehydrator
- Nail primer
- Nail forms
- Nail files and buffer
- Manicure brush
- Acrylic nail brush
- Orange wood stick or pusher
- Polish remover
- Dappen dishes
- Hand sanitizer with pump
- Glass bowl

Client Preparation

Client washes their hands as follows:

- Wet hands with running water.
- Apply liquid soap.
- Wash palms to the end of wrist, back of hands to the end of the wrist, each finger, and thumb.
- Wash both hands while interlocking fingers.
- Rinse thoroughly with running water.
- Dry with a clean towel or disposable towel.

Service Performance:

- Perform visual analysis for signs of disease or disorders.
- Look at nails and surrounding skin to visually see they are absent of disease or disorder
- If free of disease or disorder proceed with service
- Remove all old polish.
- Dispense nail polish remover directly onto cotton pad. Dispense over disposable towel to absorb any excess remover. Never dispense product over the client's hand, the floor or table without towel/ disposable towel. Use new cotton pad for additional remover.
- Close lid to avoid spills.
- Beginning with the little finger on the client's hand, hold the remover saturated cotton onto the nail for 10 seconds.
- Rub remover saturated cotton pad across each nail until all old polish is removed. Nail should be free of all polish before moving on to the next nail.
- Place cotton pad with items to be discarded or in a lined trash receptacle.
- When obtaining more polish remover use new cotton pad and repeat the steps above.
- Analyze skin and nails again.
- Use a pusher to gently push back the eponychium and carefully remove cuticle tissue from the nail plate on all nails.
- Buff nail plate to remove oily shine.
 - Buff the surface of the nail gently, moving the buffer from the base of the nail towards the free edge.
 - Buff the sides of the nail as well, using a corner of the buffer.

Application

- Apply dehydrator to all nails.
 - Retrieve dehydrator from initial station set up tools and supplies.
 - Remove cap and begin applying dehydrator in a stroking motion from nail base to free edge.
 - Start with pinky finger of one hand and work toward the thumb.
 - Repeat on opposite hand.
- Position nail forms. Using disposable forms, peel a nail form from its paper backing; then, using the thumb and index finger of each hand, bend the form into an arch to fit the client's natural nail shape. Slide the form into place and press adhesive backing to the sides of the finger. Check to see that the form is snug under the free edge and level with the natural nail. If you are using multiuse forms, slide the form into place, making sure the free edge is over the form and that it

fits snugly. Be careful not to cut into the hyponychium under the free edge. Tighten the form around the finger by squeezing lightly.

- Apply primer to all nails following manufacturer's directions. Allow primer to dry thoroughly. Use caution not allow primer to touch the clients skin.
 - Retrieve primer from initial station set up tools and supplies.
 - Remove cap and begin applying primer in a stroking motion from nail base to free edge.
 - Start with pinky finger of one hand and work toward the thumb.
 - Repeat on opposite hand.
- Prepare monomer liquid and polymer powder by pouring each product into a separate dappen dish.
- Dip acrylic brush into monomer liquid and wipe the bristles of the brush on the edge of the dappen dish to remove the excess.
- Dip the tip of the acrylic brush into the polymer powder forming a pea-sized bead of product.
- Place this bead in the center of the free edge of the nail using the acrylic brush. Immediately wipe your brush on the lint free towel gently to remove any product left in the bristles.
- Use the middle portion or "belly" of your brush to press and smooth the product to shape the enhancement's free edge.
- Form another pea-sized bead to place on the nail plate below the first bead and next to the free-edge line in the center of the nail using the acrylic brush.
- Press and smooth product to sidewalls using the tip of the nail brush, making sure that the product is very thin around all edges. Leave a tiny free margin between the product placement and skin.
- Pick up a bead of polymer powder with your acrylic brush and place it at the base of the nail plate using the tip of the brush, leaving a tiny free margin between the product and the skin.
- Pick up a bead of enhancement product with the tip of the brush and place it at the center of the nail to create the apex. Pat bead into place gently using the tip of the brush and then smooth entire nail surface.
- Allow the nails to harden. Nails are hard when they make a clicking sound when lightly tapped with a brush handle.
- Shape and refine product to remove imperfections with a nail file.
- Buff nails until entire surface is smooth.
- Clean nails by asking the client to wash their hands with soap and water at the hand-washing station.

Fill:

- Blend ledge vertically with an abrasive file until it is flush with new growth of nail plate.
- Refine and thin the product at the free edge with a file until the tip appears translucent.
- Gently remove the oily shine from the natural nail surface vertically with a nail file.
- Use a clean manicure brush to remove dust.
- Apply nail dehydrator to all nails.
 - Retrieve dehydrator from initial station set up tools and supplies.
 - Remove cap and begin applying dehydrator in a stroking motion from nail base to free edge.
 - Start with pinky finger of one hand and work toward the thumb.

- Repeat on opposite hand.
- Apply primer to all nails following manufacturer's directions. Allow primer to dry thoroughly. Use caution not allow primer to touch the clients skin.
 - Retrieve primer from initial station set up tools and supplies.
 - Remove cap and begin applying primer in a stroking motion from nail base to free edge.
 - Start with pinky finger of one hand and work toward the thumb.
 - Repeat on opposite hand.
- Prepare monomer liquid and polymer powder by pouring each product into a separate dappen dish.
- Dip acrylic brush into monomer liquid and wipe the bristles of the brush on the edge of the dappen dish to remove the excess.
- Pick up one bead of enhancement product with the tip of the nail brush and place at the natural nail area, the regrowth.
- Use the brush to smooth the bead over the new growth area. Glide the brush over the nail to smooth out imperfections.
- Pick up a small bead of enhancement product with the tip of the nail brush and place it at the center of the nail to create the apex. Pat bead into place and then smooth entire nail surface.
- Allow the nails to harden. Nails are hard when they make a clicking sound when lightly tapped with a brush handle.
- Shape and refine product to remove imperfections with a nail file.
- Buff nails until entire surface is smooth.

Remove:

- Prepare acetone for soaking by pouring enough into a glass bowl to cover the fingertips of the client's hands.
- Soak enhancements for 20 to 30 minutes, or as long as needed to remove the enhancement product.
- Gently push off product with pusher from the nail base to the free edge. Repeat until all enhancement has been removed.
- Buff nails
- Clean nails by asking the client to wash their hands with soap and water at the hand-washing station.

Post Service:

- Client follow up: Discuss maintenance and after care.
- Single use items are discarded.
- Place implements in a closed container labeled "To Be Disinfected."
- Place used towels into closed container until laundered.
- Identify proper cleaning agent and reads manufacturer's directions.
- Follow manufacturer's directions for mixing/usage.
- Wipe workstation/area with cleaning solution, to remove debris.
- Identify disinfectant that is bactericidal, viricidal and fungicidal; EPA approved for use in salon setting.

- Follow manufacturer's directions for mixing and/or using appropriate aerosol disinfectant.
- Disinfect work station and implements
- Disinfect electrical equipment stored in clean area separate from other implements.

Wash hands.

A score must be achieved that is set by the schools grading standards to pass this evaluation plan.