An esthetician training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC subchapter 14H and consist of at least 600 hours.

An esthetician student will be taught the Statute scope of practice as follows:

§ 88B2. Definitions. (11a) Esthetics. - Refers to any of the following practices: giving facials; applying makeup; performing skin care; removing superfluous hair from the body of a person by use of creams, tweezers, or waxing; applying eyelashes to a person, including the application of eyelash extensions, brow or lash color; beautifying the face, neck, arms, or upper part of the human body by use of cosmetic preparations, antiseptics, tonics, lotions, or creams; surface manipulation in relation to skin care; or cleaning or stimulating the face, neck, ears, arms, hands, bust, torso, legs, or feet of a person by means of hands, devices, apparatus, or appliances along with the use of cosmetic preparations, antiseptics, tonics, lotions, or creams.

The first subjects to be taught in theory and practical application will be the infection control and blood exposure procedures as defined in 21 NCAC subchapter 14H. Once the infection control and blood exposure has been taught we will ensure instruction of theory and practical subjects including: Anatomy or physiology; Chemistry as it relates to esthetics; Draping; Facial or body treatment (cleansing, manipulations, masks, and chemical peels); Hair removal; Basic dermatology; Skin care machines, electricity, and apparatus; Aromatherapy; Nutrition; Make-up or color theory; Styles and techniques of esthetics services including: Facials; Makeup application; Performing skin care; Hair removal; Eyelash extensions; Applying brow and lash color; Business management; Professional ethics; and Board laws, rules and website.

We have developed and will use approved performance evaluation on the following performance requirements:

(1) Infection Controls;
(2) Blood exposure procedures;
(3) Basic facial;
(4) Waxing underarm,
(5) Waxing lip,
(6) Waxing eyebrow,
(7) Waxing leg
(8) Waxing bikini;
(9) Hair removal with depilatory cream
(10) Hair removal by tweezers;
(11) Makeup application;
(12) Facials with machines;
(13) Exfoliation;

(14) Facials with LED light;

(15) Facials with high frequency (direct and indirect); and

(16) Lash application.

(If you offer other services that are not included above you must add to the list)

Theory portion of the curriculum maybe assigned online for no more than 180 hours. (If you chose to add this into your curriculum you need to submit separate documentation show how you will be complying with all sections of 14T .0611)

We will ensure all requirements set forth in this curriculum will be adhered to and lessons developed from the Board approved curriculum. (Your lesson plans could and should state performances each student must complete. This establishes working requirements for students to practice a service so they are minimally competent)

We will ensure blood exposure and infection control evaluations plans are passed with a score of 100 percent before a student performs a mannequin or live model performance.

Before a student performs a live model service, we will ensure the student has passed the respective mannequin performance evaluation plan.

When students provide a service/performance we will ensure it follows the systematic completion of the steps for safe and effective cosmetic art services as outlined in the mannequin performance evaluation plan.

We will ensure all students receive training on Safety Data Sheets prepared by the manufacturer on all products used by the school’s in performances.