

## **Introduction**

An esthetician training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC Subchapter 14H .0403 and .0404 and consist of at least 600 hours.

## **Instruction**

All instruction in a cosmetic art school shall be in this order per 21 NCAC 14T .0612 and defined in 21 NCAC 14T .0101:

- (1) Guided theory;
- (2) Demonstration;
- (3) Guided practice;
- (4) Independent theory;
- (5) Practice;
- (6) Evaluation and passage of evaluation; and
- (7) Performance

Teachers will ensure students follow infection control, tool safety, appropriate draping and safe application of products for all service performances.

The Teacher will ensure hours earned in the clinic department must be devoted to study and safe and effective practice and performance.

“Practice” is the independent hands-on execution of the systematic completion of the steps for a safe and effective cosmetic art service on a mannequin by a student, practice is monitored during the execution and checked by a teacher upon completion, for the purpose of pointing out errors in order that the errors may be corrected.

“Performance” is the hands-on execution of the systematic completion of the steps for a safe and effective cosmetic art service on a live individual by a student. Performance is monitored during the execution and checked by a teacher upon completion for the purpose of pointing out errors in order that the errors may be corrected.

## **Statutory Basis for Licensure**

An esthetician student will be taught the Statute scope of practice as follows:

§ 88B2. Definitions.

(11a) Esthetics. - Refers to any of the following practices: giving facials; applying makeup; performing skin care; removing superfluous hair from the body of a person by use of creams, tweezers, or waxing; applying eyelashes to a person, including the application of eyelash extensions, brow or lash color; beautifying the face, neck, arms, or upper part of the human body by use of cosmetic preparations, antiseptics, tonics, lotions, or creams; surface manipulation in relation to skin care; or cleaning or stimulating the face, neck, ears, arms, hands, bust, torso, legs, or feet of a person by means of hands, devices, apparatus, or appliances along with the use of cosmetic preparations, antiseptics, tonics, lotions, or creams.

## **Infection Control and Blood Exposure**

The first subjects to be taught in theory and practical application will be the infection control and blood exposure procedures as defined in 21 NCAC subchapter 14H .0403 and .0404.

Infection control and blood exposure required evaluations shall be taught in this order:

- (1) Hand washing;
- (2) Implement disinfection;
- (3) Beginning and end of day infection control;
- (4) Blood exposure (self cut); and
- (5) Blood exposure (client).

Once a student passes the infection control and blood exposure procedures evaluation plan with a score of 100 the student can move on to further training and evaluations.

### **Required Evaluations**

The school developed and will use the required evaluations for each of the Board required services listed in this below. Evaluation plans will include a minimum of infection control, tool safety, client consultation, draping, and safe application and will be recorded in the student permanent file. Teachers will ensure students follow infection control, tool safety, draping, and safe application of products for all service performances. Students will receive guided theory, demonstration, guided practice, independent theory, and practice, pass the evaluation plan, prior to performing services on a live model.

#### **Required Evaluations List**

- (1) Basic facial; at public comment add “including Steam”
- (2) Waxing;
- (3) Lash lift and brow lamination;
- (4) Artificial lashes;
- (5) Lash and brow tint.

### **Additional Evaluations**

The school has developed and will use evaluation plans for each of the cosmetic art services listed below. Evaluation plans will include a minimum of infection control, tool safety, client consultation, draping, and safe application services to a client. In addition to the required evaluations listed above all students will receive guided theory, demonstration, guided practice, independent theory, and practice, and perform the following services:

- (1) Draping;
- (2) Basic facials;
- (3) Waxing including underarm, lip, eyebrow, leg and bikini;
- (4) Hair removal with depilatory and tweezers;
- (5) Makeup application;
- (6) Facials with machines including Woods lamp, magnifier, galvanic current, LED light, high frequency (direct and indirect), infrared light, vaporizer, microderm abrasion, suction, exfoliating;
- (7) Manual Exfoliation including products and devices;
- (8) Manual extraction;
- (9) artificial lashes including single eyelash extensions;
- (10) Facial or body treatment (cleansing, manipulations, masks, and chemical peels);
- (11) Aromatherapy;
- (12) Make-up application;
- (13) Lash lift and brow lamination;
- (14) Microneedling;
- (15) Dermaplaning; and
- (16) Lash and brow tint.

### **Online Education**

Theory portion of the curriculum maybe assigned online for no more than 180 hours. (If you chose to add this into your curriculum you need to submit separate documentation show how you will be complying with all sections of 14T .0611 including samples)

### **Curriculum Checklist**

We will ensure a minimum of 10 percent of scheduled attendance time each week shall be dedicated to guided theory, demonstration, and guided practice.

We will ensure all requirements set forth in this curriculum will be adhered to and lessons developed from the Board approved curriculum.

We will ensure blood exposure and infection control evaluations are passed with a score of 100 percent before a student practice on a mannequin or provide a live performance.

Before a student performs a live model service, we will ensure the student has passed the respective mannequin evaluation plan.

When students provide a service/performance we will ensure it follows the systematic completion of the steps for safe and effective cosmetic art services as outlined in the evaluation plan.

We will ensure all students receive training on Safety Data Sheets prepared by the manufacturer on all products used by the school's in performances.