

NC Board of Cosmetic Art Examiners



Free Continuing Education Class for Cosmetologists

April 2025

The Board has collected the following material for licensed cosmetologists to use as a free CE course. Reading this material and practicing the steps for safe services on a mannequin or model should take 8 hours and count for **8 hours of continuing education**. Only models within the licensee household should be used during the shelter-in-place order.

After completing this course sign and keep this page for a record of completion.

The material in this course includes:

- Board Regulations
 - Shop operations
 - Infection control standards
 - Prohibited practices
 - Penalties for rule violations
 - Inspection grading
- Handwashing procedure
- Blood exposure procedures
 - Self cut
 - Client
- Infection control procedures beginning and end of day
- Basic haircut procedure with infection control

Licensee Signature _____

License number _____

Date and Time of Course Completion _____

Address of Course Completion _____

Section One – Shop, Infection Control, and Prohibited Practice Regulations

21 NCAC 14H .0201 APPLICATION FOR SHOP LICENSE

- (a) Rules in this Subchapter apply to all cosmetic art shops making initial application to operate a cosmetic art shop after the effective date of these Rules.
- (b) Shops licensed prior to March 1, 2012 may choose to comply with Rules .0202, .0203(c), .0204 and .0301 of this Subchapter.
- (c) Shops licensed prior to March 1, 2012 must comply with Rules .0201, .0203(a)-(b), .0302-.0304 and Sections .0400 and .0500 of this Subchapter.
- (d) Shops licensed prior to March 1, 2012 that make any structural changes must come into compliance with all rules in this Subchapter.
- (e) Persons desiring to open a cosmetic art shop in the State of North Carolina shall make application to the North Carolina State Board of Cosmetic Art Examiner on the Board's application form. Persons desiring to change ownership of a cosmetic art shop, relocate or reopen a shop which has been closed more than 90 days shall make application to the North Carolina State Board of Cosmetic Art Examiner on the Board's application form.

21 NCAC 14H .0203 NEWLY ESTABLISHED SHOPS

- (a) A cosmetic art shop shall be separate and apart from any building or room used for any other business or purpose, separated by a solid wall of at least seven feet in height and must have a separate outside entrance.
- (b) A newly established cosmetic art shop, shall be separate and apart from any building or room used for living, dining or sleeping and shall be separate and apart from any other room used for any other purpose by a solid wall of ceiling height, making separate and apart rooms used for a cosmetic art shop. All entrances to the cosmetic art shop shall be through solid, full length doors installed in solid walls of ceiling height.
- (c) A residential cosmetic art shop shall furnish bathroom facilities separate and apart from the residence.
- (d) An entrance to a cosmetic art shop from a passageway, walkway or mall area used only for access to the shop, or to the shop and other businesses, may be open.

21 NCAC 14H .0204 DIMENSIONS WITHIN COSMETIC ART SHOPS

Within the clinic area each shop shall maintain no less than the following working distances:

- (1) 48 inches of space from the center to the center of each styling chair, esthetics table or manicuring table;
- (2) 24 inches from the center of the chair forward;
- (3) 48 inches from the backrest behind the chair to any other styling chair, esthetics table or manicuring table; and
- (4) at least 30 inches of space from the back of each styling chair, esthetics table or manicuring table to the wall of the shop.

21 NCAC 14H .0301 WATER

Cosmetic art shops shall have a sink with hot and cold running water in the shop, separate from restrooms.

21 NCAC 14H .0302 VENTILATION AND LIGHT

- (a) Ventilation shall be provided at all times in the clinic areas when patrons are serviced in all cosmetic art shops and there must be a continuous exchange of air.
- (b) Light shall be provided in the service area of a cosmetic art shop.
- (c) All cosmetic art shops must adhere to any federal, State and local government regulation or ordinance regarding fire safety codes, plumbing and electrical work.

21 NCAC 14H .0303 BATHROOM FACILITIES

- (a) Toilet and hand washing facilities consisting of at least one commode and one hand washing sink with running water, liquid soap and individual clean towels or hand air dryer shall be accessible to each cosmetic art shop.
- (b) Shops with an initial licensure date on or after March 1, 2012 shall have toilet and hand washing facilities in the bathroom as required in Paragraph (a) of this Rule.

21 NCAC 14H .0304 EQUIPMENT

Cosmetic art shops shall maintain equipment and supplies to safely perform any cosmetic art service offered in the shop.

21 NCAC 14H .0401 LICENSEES AND STUDENTS

- (a) For purposes of this Section, sanitation, as described in G.S. 88B, is defined as "infection control."
- (b) Notwithstanding Rule .0201 in this Subchapter, this Rule applies to licensees and students in practice in cosmetic art schools and shops. Each licensee and student shall wash his or her hands with soap and water or use of a 70 percent or greater alcohol-based hand sanitizer immediately before and after serving each client.
- (c) Each licensee and student shall wear clean garments and shoes while serving patrons.
- (d) Licensees or students shall not use or possess in a cosmetic art school or shop any of the following:
 - (1) Methyl Methacrylate Liquid Monomer, a.k.a. MMA;
 - (2) razor-type callus shavers designed and intended to cut growths of skin including skin tags, corns, and calluses;
 - (3) FDA rated Class III devices;
 - (4) carbolic acid (phenol) over two percent strength;
 - (5) animals including insects, fish, amphibians, reptiles, birds, or non-human mammals to perform any service; or
 - (6) a variable speed electrical nail file unless it has been designed for use on a natural nail.
- (e) A licensee or student shall not:
 - (1) use any product, implement, or piece of equipment in any manner other than the product's, implement's, or equipment's intended use as described or detailed by the manufacturer;
 - (2) treat any medical condition unless referred by a physician;
 - (3) provide any service unless trained prior to performing the service;
 - (4) perform services on a client if the licensee has reason to believe the client has any of the following:
 - (A) fungus, lice, or nits;

- (B) an inflamed, infected, broken, raised, or swollen skin or nail tissue in the area to be worked on; or
 - (C) an open wound or sore in the area to be worked on;
 - (5) alter or duplicate a license issued by the Board;
 - (6) advertise or solicit clients in any form of communication in a manner that is false or misleading;
 - (7) use any FDA rated Class II device without the documented supervision of a licensed physician;
 - (8) use any product that will penetrate the dermis;
 - (9) make any statement to a member of the public, either verbally or in writing, stating or implying any action is required or forbidden by Board rules when such action is not required or forbidden by Board rules. A violation of this prohibition is considered practicing or attempting to practice by fraudulent misrepresentation is set forth in 21 NCAC 14P .0108;
 - (10) use or possess any product banned by the FDA. A list of banned products is available at www.fda.gov; or
 - (11) use or possess any machine for a cosmetic art service that is not classified by the FDA.
- (f) In using a disinfectant, the user shall wear any personal protective equipment, such as gloves, recommended by the manufacturer in the Safety Data Sheet.
- (g) Licensees may only perform services specifically designated within their licensure field as defined by G.S. 88B-2.

21 NCAC 14H .0402 COSMETIC ART SHOPS AND SCHOOLS

- (a) Notwithstanding Rule .0201 in this Subchapter, this Rule applies to all cosmetic art schools and shops. A cosmetic art school or shop shall be kept clean.
- (b) Waste material shall be kept in receptacles with a disposable liner. The area surrounding the waste receptacles shall be maintained in a sanitary manner.
- (c) All doors and windows shall be kept clean.
- (d) Furniture, equipment, floors, walls, ceilings and fixtures must be clean and in good repair.
- (e) Animals or birds shall not be in a cosmetic art shop or school. Fish in an enclosure and animals trained for the purpose of accompanying disabled persons are exempt from the prohibition in this Paragraph.
- (f) Cosmetic art shops and schools shall designate the entrance by a sign or lettering.
- (g) The owner of a cosmetic art shop or school shall not post any sign that states or implies that some action is required or forbidden by Board rules when such action is not required or forbidden by Board rules. A violation of this prohibition is considered practicing or attempting to practice by fraudulent misrepresentation.

21 NCAC 14H .0403 DISINFECTION PROCEDURES

- (a) Infection Control rules that apply to towels and cloths are as follows:
- (1) Clean protective capes, drapes, linens, and towels shall be used for each patron;
 - (2) After a protective cape has been in contact with a patron's neck it shall be placed in a clean, closed container until laundered with soap and hot water and dried in a heated dryer. Capes that cannot be laundered and dried in a heater dryer may be disinfected with a disinfectant that is bactericidal, virucidal and fungicidal and approved by the EPA for use in beauty salons, or salon used in accordance with the manufacturer directions; and

- (3) After a drape, linen, or towel has been in contact with a patron's skin it shall be placed in a clean, covered container until laundered with soap and hot water and dried in a heated dryer. A covered container may have an opening so soiled items may be dropped into the container.
- (b) Any paper or nonwoven protective drape or covering shall be discarded after one use.
- (c) There shall be a supply of clean protective drapes, linens and towels at all times. Wet towels used in services must be prepared fresh each day. Unused, prepared wet towels must be laundered daily.
- (d) Clean drapes, capes, linens, towels and all other supplies shall be stored in a clean area.
- (e) Bathroom facilities must be kept clean.
- (f) All implements shall be cleaned and disinfected after each use in the following manner:
 - (1) They shall be washed with warm water and a cleaning solution and scrubbed to remove debris and dried.
 - (2) They shall be disinfected with either:
 - (A) disinfectant that is bactericidal, virucidal and fungicidal and approved by the EPA for use in beauty salons, or salon settings that is mixed and used according to the manufacturer's directions. They shall be rinsed with hot tap water and dried with a clean towel before their next use. They shall be stored in a clean, closed cabinet or container until they are needed; or
 - (B) by UV-C, ultraviolet germicidal irradiation used in accordance with the manufacturer's directions.
 - (3) If the implement is not immersible or is not disinfected by UV-C irradiation, it shall be cleaned by wiping it with a clean cloth moistened or sprayed with a disinfectant that is bactericidal, virucidal and fungicidal and approved by the EPA for use in beauty salons, or salon settings used in accordance with the manufacturer's directions.
- (g) All disinfected non-electrical implements shall be stored in a clean, closed cabinet or clean, closed container.
- (h) All disinfected electrical implements shall be stored in a clean area separate from other clean implements.
- (i) Disposable and porous implements and supplies must be discarded after use or upon completion of the service.
- (j) Product that comes into contact with the patron must be discarded upon completion of the service.
- (k) Containers with open faces may be covered or closed with plastic wrapping. Disinfected implements must not be stored with any implement or item that has not been disinfected.
- (l) Lancets, disposable razors, and other sharp objects shall be disposed in puncture-resistant containers.
- (m) All creams, lotions, wax, cosmetics, and other products dispensed to come in contact with patron's skin must be kept in clean, closed containers, and must conform in all respects to the requirements of the Federal Food, Drug, and Cosmetic Act as set forth in PL 75-717.52 accessible at www.fda.gov. Any product apportioned for use and removed from original containers must be distributed in a sanitary manner that prevents contamination of product or container. Any product dispensed in portions into another container must be dispensed into a clean container and applied to patrons by means of a disinfected or disposable implement or other clean methods. Any product dispensed in portions not dispensed into another container must be used immediately and applied to patrons by means of a disinfected or disposable implement or other clean methods. No product dispensed in portions may be returned to the original container.
- (n) As used in this Rule whirlpool or footspa means any basin using circulating water.
- (o) After use by each patron each whirlpool or footspa must be cleaned and disinfected as follows:
 - (1) All water must be drained and all debris removed from the basin;
 - (2) The basin must be disinfected by filling the basin with water and circulating:

- (A) Two tablespoons of automatic dishwashing powder and 1/4 cup of 5.25 percent household bleach to one gallon of water through the unit for 10 minutes; or
- (B) Surfactant or enzymatic soap with an EPA registered disinfectant with bactericidal, fungicidal and virucidal activity used according to manufacturer's instructions through the unit for 10 minutes;
- (3) The basin must be drained and rinsed with clean water; and
- (4) The basin must be wiped dry with a clean towel.
- (p) At the end of the day each whirlpool or footspa must be cleaned and disinfected as follows:
 - (1) The screen must be removed and all debris trapped behind the screen removed;
 - (2) The screen and the inlet must be washed with surfactant or enzymatic soap or detergent and rinsed with clean water;
 - (3) Before replacing the screen one of the following procedures must be performed:
 - (A) The screen must be totally immersed in a household bleach solution of 1/4 cup of 5.25 percent household bleach to one gallon of water for 10 minutes; or
 - (B) The screen must be totally immersed in an EPA registered disinfectant with bactericidal, fungicidal and virucidal activity in accordance to the manufacturer's instructions for 10 minutes;
 - (4) The inlet and area behind the screen must be cleaned with a brush and surfactant soap and water to remove all visible debris and residue; and
 - (5) The spa system must be flushed with low sudsing surfactant or enzymatic soap and warm water for at least 10 minutes and then rinsed and drained.
- (q) A record must be made of the date and time of each cleaning and disinfecting as required by this Rule including the date, time, reason, and name of the staff member who performed the cleaning. This record must be made for each whirlpool or footspa and must be kept and made available for at least 90 days upon request by either a patron or inspector.
- (r) The water in a vaporizer machine must be emptied daily and the unit disinfected daily after emptying.
- (s) The area where services are performed that come in contact with the patron's skin including treatment chairs, treatment tables, and beds shall be disinfected between patrons.
- (t) A manufacturer's label for all disinfectant concentrate must be available at all times. If a concentrate bottle is emptied, it must remain available until a new bottle is available.
- (u) When mixed disinfectant concentrate is placed in a secondary container such as a spray bottle, tub or jar, that container must be labeled to indicate what chemical is in the container. SDS sheets must be available for all disinfectants in use at all times.
- (v) Disinfectants must be stored and disposed of in accordance with all local, State and federal requirements.
- (w) The cabinet and supplies of a towel warmer machine must be emptied daily and the unit dried daily after emptying.

21 NCAC 14H .0404 FIRST AID

- (a) Each cosmetic art shop and school shall have antiseptics, gloves or finger guards, sterile bandages, and other necessary supplies available to provide first aid.
- (b) If the skin of the licensee or student is punctured, the licensee or student shall upon knowledge of the injury do the following in this order:
 - (1) Wash and dry the punctured area with soap and running water and a disposable towel;
 - (2) Apply protective gloves to remove materials from first aid kit;
 - (3) Cleanse injured area with antiseptic (e.g. alcohol, hand sanitizer);
 - (4) Apply a sterile bandage;

- (5) Disinfect any implement or work area exposed to blood per Rule .0403 in this Section;
- (6) Dispose of all contaminated supplies and gloves in a zip lock bag then place in the trash;
- (7) Wash hands with soap and running water; and
- (8) If the injured area is on the hands, fingers or thumb apply disposable, protective glove(s) or a finger guard.

(c) If the skin of the patron is punctured, the licensee or student shall upon knowledge of the injury do the following in this order:

- (1) Apply protective gloves to remove materials from first aid kit;
- (2) Make first aid supplies available to the patron or assist the patron with:
 - (A) Cleansing injured area with antiseptic (e.g. alcohol, hand sanitizer)
 - (B) Applying a sterile bandage;
- (3) Disinfect any implement or work area exposed to blood per Rule .0403 in this Section;
- (4) Dispose of all contaminated supplies and gloves in a zip lock bag then place in the trash;
- (5) Wash hands with soap and running water; and
- (6) Put on disposable, protective gloves.

21 NCAC 14H .0501 INSPECTION OF COSMETIC ART SHOPS

(a) A newly established cosmetic art shop, a shop which has been closed for more than 90 days, or a shop which has changed ownership must file an application for licensure with the Board prior to opening. A newly established cosmetic art shop, a shop which has been closed for more than 90 days, a shop which has changed ownership or a shop which has been operating without a license shall be inspected before a license will be issued.

(b) Each cosmetic art shop must pass inspection by an agent of the Board pursuant to this Subchapter. Inspections shall be conducted annually and may be conducted without notice.

21 NCAC 14H .0502 FAILURE TO PERMIT INSPECTION

If an inspector is twice unable to inspect a salon after making an appointment to inspect the salon the Board may initiate proceedings to revoke or suspend the salon license or may refuse to renew the shop license.

21 NCAC 14H .0503 SANITARY RATINGS AND POSTING OF RATINGS

(a) The sanitary rating of a beauty establishment shall be based on a system of grading outlined in this Subchapter. Based on the grading, all establishments shall be rated in the following manner:

- (1) all establishments receiving a rating of at least 90 percent or more shall be awarded a grade A;
- (2) all establishments receiving a rating of at least 80 percent, and less than 90 percent, shall be awarded grade B;
- (3) all establishments receiving a rating of at least 70 percent or more, and less than 80 percent shall be awarded grade C;
- (4) any cosmetic art shop or school with a sanitation grade of 70 percent or below shall be awarded a failed inspection notice.

(b) Every beauty establishment shall be given a sanitary rating. A cosmetic art school shall be graded no less than three times a year, and a cosmetic art shop shall be graded once a year.

- (c) The sanitary rating or failed inspection notice given to a beauty establishment shall be posted in plain sight near the front entryway at all times.
- (d) All new establishments must receive a rating of at least 90 percent before a license will be issued.
- (e) The operation of a cosmetic art shop or school which fails to receive a sanitary rating of at least 70 percent (grade C) shall be sufficient cause for revoking or suspending the license.
- (f) A re-inspection for the purpose of raising the sanitary rating of a beauty establishment shall not be given within 30 days of the last inspection unless the rating at the last inspection was less than 80 percent.
- (g) A whirlpool and footspa sanitation record must be kept on each whirlpool and footspa for inspection on a form provided by the Board.
- (h) All cosmetic art shops and schools with a failed inspection report shall be sufficient cause for the immediate suspension of licensure. All cosmetic art shops and schools with a failed inspection report must close until the sanitation conditions have improved to be awarded a passing grade.
- (i) Mobile cosmetic art shops and schools are prohibited.
- (j) A copy of the itemized and graded inspection report must be provided to the operator at the time of the inspection.

21 NCAC 14H .0504 SYSTEMS OF GRADING BEAUTY ESTABLISHMENTS

The system of grading the sanitary rating of cosmetic art schools and shops based on the rules set out in this subchapter shall be as follows, setting out areas to be inspected and considered, and the maximum points given for compliance:

| Sanitation | Point Value |
|---|--------------------|
| Each licensee and student shall wash his or her hands with soap and water or hand sanitizer with the active ingredient of 70 percent alcohol or higher before and after serving each client. | 2 |
| Each licensee and student shall wear clean garments and shoes while serving patrons. | 2 |
| The cosmetic art facility shall be kept clean. | 3 |
| Waste material shall be kept in receptacles with a disposable liner. | 4 |
| All doors and windows shall be kept clean. | 2 |
| Furniture, equipment, floors, walls, ceilings and fixtures shall be clean and in good repair. | 3 |
| Clean protective capes, drapes, linens, and towels shall be used for each patron. | 3 |
| After a cape, drape, linen, or towel has been in contact with a patron's skin, it shall be placed in a clean, closed container until laundered with soap and hot water and dried in a heated dryer. | 5 |
| Any paper or nonwoven protective drape or covering shall be discarded after one use. | 2 |
| There shall be a supply of clean protective drapes, linens and towels at all times. | 2 |
| Clean drapes, capes, linens, and towels shall be stored in a clean area. | 5 |
| Bathroom facilities shall be kept clean. | 3 |

| | |
|--|----|
| All implements shall be washed with warm water and a cleaning solution and scrubbed to remove debris and dried. | 2 |
| All implements shall be disinfected per Rule .0403 of this Subchapter. | 10 |
| All disinfected electrical implements shall be stored in a clean area. | 2 |
| Disposable and porous implements and supplies shall be discarded after use or upon completion of the service. | 10 |
| Any product that comes into contact with the patron shall be discarded upon completion of the service. | 3 |
| Disinfected implements shall be kept in a clean closed cabinet or clean closed container and shall not be stored with any implement or item that has not been disinfected. | 10 |
| Lancets, disposable razors, and other sharp objects shall be disposed in puncture-resistant containers. | 1 |
| The presence of animals or birds shall be prohibited as set forth in Rule .0402 of this Subchapter. Fish in an enclosure and animals trained for the purpose of accompanying disabled persons are exempt. | 1 |
| All creams, lotions, wax, cosmetics, and other products dispensed to come in contact with patron's skin shall be kept in clean, closed containers and dispensed with a clean implement. No product dispensed in portions shall be returned to the container. | 10 |
| After each patron's use each whirlpool or footspa shall be cleaned and disinfected. | 10 |
| The water in a vaporizer machine shall be emptied daily and the unit disinfected daily. | 2 |
| The area where services are performed that come in contact with the patron's skin including chairs, tables, and beds shall be disinfected between patrons. | 3 |

21 NCAC 14H .0505 RULE COMPLIANCE AND ENFORCEMENT MEASURES

(a) The use of or possession of the following products or equipment in a school or shop shall result in civil penalty in the amount of three hundred dollars (\$300.00) per container of product or piece of equipment:

- (1) Methyl Methacrylate Liquid Monomer a.k.a. MMA; or
- (2) razor-type callus shavers designed and intended to cut growths of skin including skin tags, corns, and calluses.

(b) The use of or possession of the following in a school or shop shall result in civil penalty in the amount of one hundred dollars (\$100.00) per use or possession:

- (1) animals including insects, fish, amphibians, reptiles, birds, or non-human mammals to perform any service; or
- (2) variable speed electrical nail file unless it has been designed for use on the natural nail.

(c) The action of any student or licensee to violate the Board rules in the following manner shall result in civil penalty in the amount of one hundred dollars (\$100.00) per instance of each action:

- (1) use of any product, implement, or piece of equipment in any manner other than the product's, implement's, or equipment's intended use as described or detailed by the manufacturer;
 - (2) treatment of any medical condition unless referred by a physician;
 - (3) use of any product that will penetrate the dermis;
 - (4) provision of any service unless trained prior to performing the service;
 - (5) performance of services on a client if the licensee has reason to believe the client has any of the following:
 - (A) fungus, lice, or nits;
 - (B) inflamed infected, broken, raised, or swollen skin or nail tissue in the area to be worked on; or
 - (C) an open wound or sore in the area to be worked on;
 - (6) alteration of or duplication of a license issued by the Board;
 - (7) advertisement or solicitation of clients in any form of communication in a manner that is false or misleading; or
 - (8) use of any FDA rated Class II device without the documented supervision of a licensed physician.
- (d) The failure to record the date and time of each cleaning and disinfecting of a footspa in a cosmetic art school or shop as required by this Subchapter including the date, time, reason, and name of the staff member who performed the cleaning or the failure to keep or make such record available for at least 90 days upon request by either a patron or inspector shall result in civil penalty in the amount of twenty-five dollars (\$25.00) per footspa.
- (e) The failure to clean and disinfect a footspa in a cosmetic art shop or school as required by this Subchapter shall result in civil penalty in the amount of one hundred dollars (\$100.00) per footspa.
- (f) The failure to maintain in a cosmetic art shop and school antiseptics, gloves or finger guards, and sterile bandages available to provide first aid shall result in civil penalty in the amount of twenty-five dollars (\$25.00) per item.
- (g) The failure to maintain a sink with hot and cold running water in the clinic area, separate from restrooms, shall result in civil penalty in the amount of one hundred dollars (\$100.00).
- (h) The failure to provide ventilation at all times in the areas where patrons are serviced in cosmetic art shops shall result in civil penalty in the amount of twenty-five dollars (\$25.00).
- (i) The failure to maintain equipment and supplies necessary to perform any cosmetic art service offered in the shop shall result in civil penalty in the amount of one hundred dollars (\$100.00).
- (j) The failure to maintain a sanitation grade of 80 percent or higher shall result in a civil penalty in the amount of two hundred dollars (\$200.00).
- (k) Repeated violations of the rules in this Subchapter exceeding three written notifications of any one rule documented to any one individual, shop, or school shall result in a mandatory disciplinary hearing in accordance with 21 NCAC 14C.

Section Two - Handwashing Procedure

Total time required to wash hands properly: 20 to 30 seconds

- Wet your hands under running water
- Apply a coin size amount of liquid soap
- Rub your palms together
- Rub the back of each hand
- Rub both your hands while interlocking your fingers
- Rub the back of your fingers
- Rub the tips of your fingers
- Rub your thumbs and the ends of your wrist
- Rinse both hands thoroughly with water
- Dry with a clean towel or disposable towel.

Section Three - Blood Exposure Procedure (self-cut not for practice)

- Stop the service.
- Explain situation to client and excuse him- or herself.
- Proceed to the handwashing area equipped with first aid supplies.
- Wash your hands with soap and running water and dry with a disposable towel. (If punctured area is on the hand you would combine hand washing with washing the punctured area)
- Wash the punctured area with soap and running water and dry with a disposable towel.
- Place the disposable towel in the waste container.
- If cut is still bleeding apply pressure over the wound with a disposable towel. (Once removed must be immediately placed in the waste container)
- Remove adhesive bandage and antibiotic cream from first aid kit.
- Apply an adhesive bandage and/or antibiotic cream to the cut.
- Place all single-use items in waste container.
- Apply protective gloves
- Remove implements from work station, then properly clean and disinfect implements.
- Clean and disinfect station.
- Remove gloves from hands and dispose immediately in waste container.
- Wash hands with soap and running water, keeping the bandage dry.
- If the injured area is on the hands, fingers or thumb apply disposable, protective gloves or a finger guard ensuring the injured area is covered.
- Return to service.

Section Four - Blood Exposure – client (not for practice on a model)

- Stop the service.
- Explain situation to client.
- Proceed to the handwashing area equipped with first aid supplies.
- Licensee/student must wash your hands with soap and running water and dry with a disposable towel.
- Place the disposable towel in the waste container.
- Remove sterile adhesive bandage or antibiotic cream from first aid kit.
- If injury is on the hand, assist client to sink, have them wash the punctured area with soap and running water and dry with a disposable towel.
- Place the disposable towel in the waste container.
- Licensee/student must apply protective gloves
- If injury was not on the hand it must be cleansed with an antibiotic cream.
- Offer or assist
 - Cleanse injured are with antibiotic cream
 - Offer a sterile adhesive bandage.
- Place all single-use items in waste container.
- Remove implements from work station, then properly clean and disinfect implements.
- Clean and disinfect station.
- Remove gloves from hands and dispose immediately in waste container.
- Wash hands with soap and running water; and
- Put on disposable, protective gloves
- Return to service.

Section Five - Infection Control Procedures

Beginning of the day and End of the day

Prior to the first client of the Day:

Work area cleaned and disinfected.

- Identifies proper cleaning agent and reads manufacturer's directions.
- Follows manufacturer's directions for mixing/usage
- Wipe work station/area with cleaning solution, to remove debris.
- Identify disinfectant that is bactericidal, virucidal and fungicidal; EPA approved for use in salon setting.
- Reads manufacturer's directions for non-immersible implement or equipment disinfection.
- Follows manufacturer's directions for mixing and/or using appropriate aerosol disinfectant.

Clean, closed container labeled "To Be Disinfected" is placed at the station for used Implements to be placed in.

Alcohol-based hand sanitizer at least 62 percent to 70 percent alcohol no greater.

End of the Day:

Immersible implements

- Implements that were placed in "To Be Disinfected" closed container is taken to the dispensary area
- Locates cleaning solution
- Reads cleaning solution manufacturer directions
- Follows manufacturer directions for cleaning solution usage
- Wash implement with warm water and a cleaning solution and scrubbed to remove debris;
- Rinse implement
- Dry implement
- Locates directions for mixing disinfectant
- Implement is completely immersed in disinfectant that is bactericidal, virucidal and fungicidal according to the manufacturer's directions.
- Remove implement from disinfectant using manufacturer's directions
- Rinse implement with hot tap water;
- Dry implement with a clean towel; and
- Placed in a clean, closed cabinet or container ensuring no other implement or item that has not been disinfected is within the container.
- disinfectant that is bactericidal, virucidal and fungicidal and registered by the EPA for use in beauty salons, or salon settings
- Reads disinfectant manufacturer directions for implement
- Follows manufacturer

Equipment and non-immersible implements are disinfected.

- Ensure electrical implements are not connected.
- Identifies proper cleaning agent and reads manufacturer's directions.
- Follows manufacturer's directions for mixing/usage
- Wipe with cleaning solution, to remove debris.
- Identify disinfectant that is bactericidal, virucidal and fungicidal; EPA approved for use in salon setting.
- Reads manufacturer's directions for non-immersible implement or equipment disinfection.
- Follows manufacturer's directions for mixing and/or using appropriate aerosol disinfectant.
- Placed in a clean closed container, ensuring no contact with other items that have not been disinfected.
- Disinfected electrical equipment stored in clean area separate from other implements.

Work area cleaned and disinfected.

- Identifies proper cleaning agent and reads manufacturer's directions.
- Follows manufacturer's directions for mixing/usage
- Wipe work station/area with cleaning solution, to remove debris.

Remove gloves.

Wash hands.

Section Six - Haircut Using Scissor (Shears), a Razor and Clipper

Wash hands Procedure:

- Wet hands with running water.
- Apply liquid soap.
- Wash palms to the end of wrist, back of hands to the end of the wrist, each finger, and thumb.
- Wash both hands while interlocking fingers.
- Rinse thoroughly with running water.
- Dry with a clean towel or disposable towel.

Tool Setup Procedure

- Ensure all tools are clean and disinfected and single- use (porous) items are new
- Ensure electrical instruments are clean, disinfected and in good working order
- Remove disinfected combs, clips, and sheers from closed clean container and place on top of work station

Client Consultation:

- Greet client and escort to work area
- Assess the client's current style.
- Determine the client's preferences.
- Assess client's needs
- Assess client's scalp by performing a hands-on hair and scalp analysis to ensure that there is no inflamed, infected, broken, raised, or swollen skin in the area to be worked on; or an open wound or sore in the area to be worked on, infection, or infestation (i.e. lice) to prevent from safely performing service
- If client is free from the above the student moves forward with procedure.

Client Preparation

- Drape Client for shampoo/conditioner
- Turn collar inside, if necessary
- Place towel lengthwise across the shoulders, cross under the client's chin. Providing a barrier between the client and the cape.
- Place cape over the towel and fasten securely.
- Drape does not touch the client's skin at the neck.

Shampoo/Conditioner Application:

- Carefully position client's neck in shampoo bowl
- Hold the shampoo hose and turn water on
- Adjust volume/temperature of water
- Wet hair thoroughly

- Selects the appropriate shampoo for client's hair type and texture
- Dispense shampoo ensuring the tip of the nozzle does not come into contact with your hand.
- Apply shampoo. Begin at front hairline, using back and forth manipulations until entire head is shampooed.
- Rinse thoroughly.
- Dispense conditioner ensuring the tip of the nozzle does not come into contact with your hand.
- Apply conditioner evenly down the hair shaft to the ends without getting on scalp ensuring even distribution.
- Rinse thoroughly.
- Towel dry.
- Clean shampoo area and product dispensers.
- Return to work area.

Service Performance:

Shears Blunt Cut

- If towel is wet change towel out from under the cape and replace with a dry clean towel.
- Remove tangles from hair using a wide-toothed comb starting at the ends working up to the scalp
- Part the hair into 4 (or state how many you require) sections: (state the how you part) Clipping hair up in each section.
- Pick up your shears.
 - Insert your ring finger through the smaller hole in the shears which has the extension (called a tang) and your thumb through the larger hole.
 - Rest your middle and index fingers along the handle behind the blades
 - Relax your hand and manipulate the shears open and closed by moving your thumb only
- Palm the scissors in your dominant hand (shears) (by removing the thumb from the scissors and ensuring they are closed and pointed away from the head) and with the comb create two diagonal forward partings from the occipital to behind the ear creating a ½-inch wide subsection. Secure the remainder of the hair with a clip.
- Angle the head forward slightly. Begin in the center combing with a fine-toothed comb, comb the hair at a 0-degree elevation to its natural fall.
- Select the first section of hair for establishing a guide, comb the hair straight, secure ends between fingers holding tension on the hair.
- Hold hair away from the scalp and ears, place your thumb through the larger hole in the shear, cut to the desired length for the section between the fingertips ensuring not to cut past the second knuckle.
- Palm shears
- Comb again to check consistency of length.
- Repeat sectioning and cutting steps on the opposite side, starting cut from the outer corner, using the length of first subsection as a guide
- Check cutting line for balance (slight arch) before moving on.
- Palm shears securely while sub sectioning hair maintaining control of the shears.
- Using the guideline established, drop the back subsection in ¼ inch wide horseshoe subsections
- Work section by section combing the hair down to match the guideline holding the finger position straight and using proper ergonomics to maintain posture and body position while cutting the hair and moving around the client's head.

- Cross-check haircut using the comb while palming the scissors (shears) to make sure it is at a 0-degree and guideline was followed.
- Continue sectioning the hair in partings. Reposition the client's head up slightly.
- Once the haircut is complete, cross check to ensure the cut is even.

Using the razor

The razor can be used in any haircut instead of shears or in addition to shears

- Hold the straight razor in your dominant hand.
 - Place your index, middle, and ring finger on the back of the blade.
 - Set your pinky finger on the tang of the blade.
 - Rest your thumb on the side of the blade.
- Palm the razor ensuring the blade is pointed away from the head
 - Curl the razor in your ring finger and little finger to palm the razor
 - Hold the comb between your thumb and index and middle fingers.
 - Ensure you have a firm grip on the razor with the ring and little fingers to keep the open blade from sliding.
- With the razor you can cut horizontal, vertical, and diagonal lines above your fingers
- Keep razor parallel to the subsection and approaching the subsection with the blade at an angle
 - Razor kept parallel to subsection (used to thin the ends of the hair using the entire length of the razor blade)
- Approach subsection with blade at an angle (uses one-third of the length of the blade, at a 45-degree angle while making small strokes that work through the subsection)
- Razor can be used to remove weight to taper the hair. On damp hair, hold the section out from the head with your fingers at the ends. Place the razor flat to the hair, 2 to 3" away from your fingers. Gently stroke the razor, removing a thin sheet of hair from the area.

Men's Clipper Cut

- If towel is wet change towel out from under the cape and replace with a dry clean towel.
- Remove tangles from hair using a wide-toothed comb starting at the ends working up to the scalp
- Begin the horseshoe section by taking a parting from recession to recession to create a section below the crown, dividing the top from the bottom.
- Make sure your section is clean and balanced.
- Starting at the back, elevate the hair up parallel to the horseshoe section and elevate at 90 degrees.
- You will be holding the section horizontally.
- With shears, cut the section 1 ½ inch in length on the inside of your fingers.
- Follow that same guide and technique around the horseshoe section.
- You should end up with a 1-inch section parallel to the horseshoe that follows the head shape.
- Cross-check the sides to eliminate any corners in your design line.
- When complete, blow dry the section below the horseshoe with a comb in a downward motion until dry.

- The section that you've cut around the horseshoe will serve as a guide.
- Using clippers, starting on the side of the front hairline, hold your comb in a slight diagonal back angle against the scalp.
- Elevate the hair out at 90 degrees to expose your guide.
- Place your clippers against the comb and cut the section up to your guide.
- Tilt the comb at a 45-degree angle and cut short to long.
- The longest point will be your guide below the horseshoe. (For a tapered, uniform look, place the comb at the scalp and avoid tilting the comb.)
- The subsection cut will be no wider than the width of the comb.
- Use steady uniformed strokes and glide the clippers up the comb to the guide.
- Continue to comb the hair in a slight diagonal back fashion, elevating it at 90 degrees, and cutting to your guide.
- Continue this technique until you've reached the center back.
- Complete the opposite side with the same technique cutting to the center back and cross-check horizontally.
- Once you've completed the underneath, blow dry the hair below the horseshoe to remove loose hairs.
- Using the clipper and a ¼ inch guard, shorten and shape the hair around ears.
- Blend or outline the perimeter of the haircut; you may use a clipper or trimmer.
- Using a water bottle, re-wet the top section.
- Switch back to cutting shears and create a ½ inch center profile section from the front hairline to your guide below the crown.
- Starting at the center back, using the 1 ½ inch guide from the horseshoe, elevate guide to 90 degrees.
- Cut the guide following the head shape.
- Complete your profile section to the front hairline.
- You've completed your profile section, you will then take a radial section from above the apex to the parietal ridge.
- Here you will take pivoting pie-shape sections from below your radial section.
- Following your guideline, elevating the hair at 90 degrees, and cut until you've completed the radial section on both sides.
- Cross-check by parting the hair in the opposite way from which you cut it.
- When you reach the top of the section, you will switch to making horizontal subsections, elevating at 90 degrees.
- These subsections will be cut following your guide from the center and behind the radial section.
- When you reach the parietal ridge, elevate the hair at 90 degrees, and cut the corners to blend with the sides.
- Cross-check by parting the hair in the opposite way from which you cut it.

Throughout the entire service:

- Cut with scissors (shears) razor and clippers in a safe manner, parallel following the guide.
- Remove thumb from shears and palms shears correctly while sub sectioning hair maintaining control of the shears in a safe manner.

- Held the razor correctly while sub sectioning hair maintaining control of the razor in a safe manner.
- Take extra care when removing and disposing of the razor blade. Discard used blades in a puncture-proof container
- Held the clipper correctly in a safe manner.
- Maintain drape throughout service.
- If an implement, comb or clip is dropped stop the service
 - Immediately pick up the implement places in the closed container labeled “To Be Disinfected”.
 - Sanitize hands;
 - Remove a disinfected comb or clip and proceeds with the service.

Post Service:

- Client follow up: Discuss maintenance and after care
- Single use items are discarded.
- Place implements in a closed container labeled “To Be Disinfected”.
- Place cape and used towels into closed container until laundered.
- Remove hair from work area.

Work area cleaned and disinfected.

- Identify proper cleaning agent and reads manufacturer’s directions.
- Follow manufacturer’s directions for mixing/usage
- Wipe workstation/area with cleaning solution, to remove debris.
- Identify disinfectant that is bactericidal, virucidal and fungicidal; EPA approved for use in salon setting.
- Follow manufacturer’s directions for mixing and/or using appropriate aerosol disinfectant.
- Disinfect electrical equipment stored in clean area separate from other implements.

Wash hands